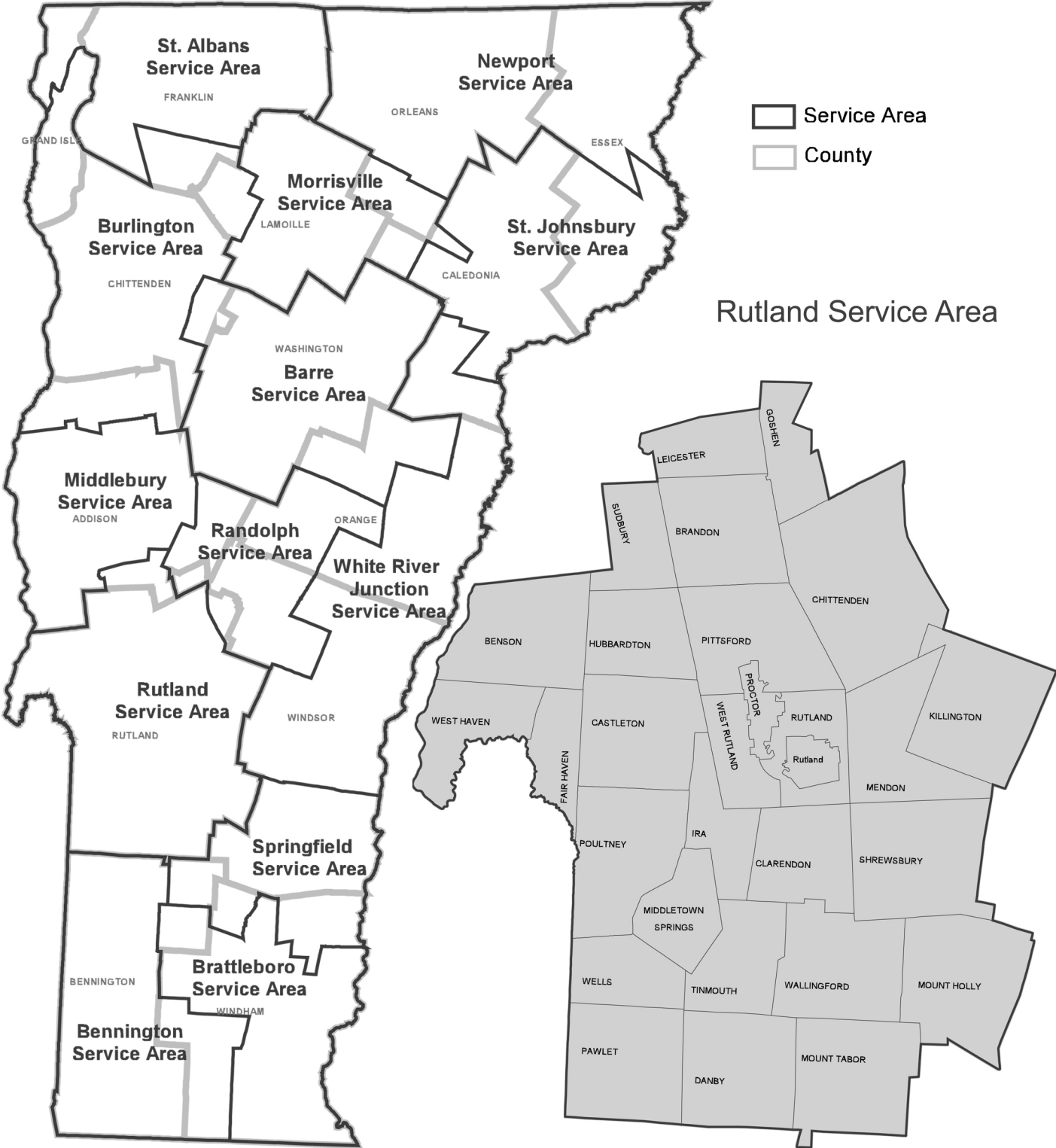


# Rutland Regional Medical Center's 2007 Act 53 Community Needs Assessment Update



## **Rutland Regional Medical Center 2007 Community Health Assessment Update**

### **Summary of Public Comment Meetings**

**Date:** February 15, 2006

**Outreach:** Two paid advertisements were printed in the Rutland Herald on February 8<sup>th</sup> and February 13<sup>th</sup>. A notice was also printed in the Public Notice Section of the Rutland Herald. A press release was sent out to all local news media and emailed to all RRMC staff.

**Location:** Rutland Regional Medical Center Conference Center

**Attendance:** 11 people attended, 4 community members and 7 who work in the healthcare field

**Discussion points:** An overview of the 2004 Community Health Assessment was presented by Sarah Narkewicz, Coordinator of the 2004 Health Assessment. An update on actions related to each priority was presented by Tom Huebner, CEO RRMC and Mary Lou Bolt, District Director of the Vermont Department of Health.

**Public Feedback:** Comments included needs for:

- a state law for the mentally ill to be admitted against their will
- more health education in schools, specifically for nutrition
- more education for the public about healthcare issues
- an improved economy in Rutland County

**Date:** Monday, September 11, 2006

**Outreach:** Three paid advertisements were printed in the Rutland Herald on 3 different dates prior to the event. A notice was also printed in the Public Notice Section of the Rutland Herald. A press release was sent out to all local news media and emailed to all RRMC staff.

**Location:** Rutland Regional Medical Center Meeting Center

**Attendance:** 8 people attended, 3 community member and 5 who work in health care

**Discussion Points:** Sarah Narkewicz RN MS, presented the priorities from the 2004 Community Health Assessment. Tom Huebner, CEO RRMC presented an on-line tour of the RRMC report card and action on priorities. Mary Lou Bolt, District Director of the Vermont Department of Health presented the Blue Print for Health initiative.

**Public Feedback:** Comment included the need to:

- improve Rotary Park
- increase services for youth substance abuse treatment programs
- provide a mobile health van
- provide information about Rutland's role in the transition of the Vermont State Hospital
- combine the public comment meeting with another event to get more participation

## **Efforts to Address Priorities**

### **Increase the availability of mental health and substance abuse services**

- The Bowse Health Trust approved a \$100,000 grant for Serenity House to increase its detoxification program from 4 beds to 11 beds.
- Rutland now has a child and adolescent psychiatrist.
- There are 2 providers who are providing Buprenorphine treatment.
- Valley Vista has opened a 6 bed residential adolescent treatment program.
- Mental Health Services are being provided at Castleton Family Health Center by a part-time mental health clinician
- Fair Haven school has a Student Assistance Program.
- The Bowse Health Trust approved \$88,000 to fund the Tapestry After-School Counseling Program to provide counseling and referral to 200 youth.

### **Decrease heart disease and associated risk factors**

- The Bowse Trust has approved \$60,000 for the Quest program which will improve physical activity and nutrition for the students in the Southwest Supervisory Union.
- The Bowse Trust approved \$60,000 for Triple Play, a program at the Boys and Girls club that provides physical activity, nutrition and positive self-esteem programs for its members.
- The Bowse Trust approved \$42,000 for Walk Rutland, a program sponsored by the Rutland Area Physical Activity Coalition aimed at increasing the number of adults who are physically active.
- RRMC recruited a 4<sup>th</sup> cardiologist.
- RRMC uses CT angiography to diagnose heart disease.
- RRMC is recruiting another endocrinologist.
- More worksites are offering wellness program (RRMC is offering an incentive program to 100 employees annually)
- Rutland County Health Advisory Committee has wellness grants to 6 worksites
- RRMC coordinates the Healthier Living Workshops for Rutland County, there are 7 trained facilitators and 48 people have completed the program.

### **Improve Access to primary care system**

- The Community Health Centers for the Rutland Region (practices in Castleton, Pawlet, and Brandon) are now a Federally Qualified Health System.
- RRMC is investing \$1,500,000 electronic medical record.
- RRMC applied to be a Blue Print community, and was not chosen at this time. However Rutland County is receiving fund to promote physical activity and Healthier Living workshops

## **Plans for 2009 Community Health Assessment**

In 2007 RRMC will include financial budget for 2008 to support the initiation of the 2009 Community Health Assessment.

Preliminary Plan:

Winter 2008 – Committee meets to plan details of assessment

Spring 2008 – Community Focus groups planned and implemented

Summer 2008 – Receive data from the state and analyze

Fall 2008 - Solicit Community Leadership input and prioritize health needs

Winter 2009 – Finalize report and submit to state