

**An Educational Forum**  
*for Physicians, PAs  
& Nurses*



**November 15, 2008**

*The Medical Staff of  
Rutland Regional  
presents the Specialty  
Services Available in  
Your Community*

*Presented by*



**Rutland Regional Medical Center**  
*An Affiliate of Rutland Regional Health Services*

## Detailed Schedule

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**8-8:30am**      **Breakfast Buffet**  
CVPS/Leahy Community Health  
Education Center

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**8:30-9:30am**      **Current Trends in Oncology for Breast Cancer**  
CVPS/Leahy Community Health  
Education Center

From the aspects of medical oncology and radiation oncology, there have been many changes in the treatment of breast cancer. Drs. Lovett and Eisemann will discuss the adjuvant treatment of breast cancer.

#### Items to glean from this presentation:

- A better understanding of how radiation therapy is used as an adjunct to conservative surgery for early breast cancer
- An understanding of the difference between whole breast radiotherapy and partial breast radiotherapy
- A better understanding of the process upon which the selection of systemic treatment is based, whether it is given, and whether it is hormone manipulation or chemotherapy
- An overview of the rationale for new diagnostic tests such as the multi gene assay and how it impacts the decision on systemic management

*Presented by Allan Eisemann, MD &  
Richard D. Lovett, MD*

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The Medical Staff of Rutland Regional Medical Center is pleased to invite Physicians, Physician Assistants and Nurses to an Educational Forum. This one-day event will feature recent advances in medical care that have occurred at Rutland Regional Medical Center. We are pleased to offer CMEs/CEUs for those who attend this event.

This event and the CMEs/CEUs are at no cost to you.

## Who Should Attend

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- Physicians
- Physician Assistants
- Nurse Practitioners
- Nurses

## Credits Awarded

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This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Vermont and Rutland Regional Medical Center. The University of Vermont is accredited by the ACCME to provide continuing medical education for physicians.

The University of Vermont designates this educational activity for a maximum of *five AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CEUs – An application has been submitted to the Vermont State Nurses Association, Inc. Please call Dorie Ward, CNO at Rutland Regional Medical Center for more information about contact hours.

## How to Register

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Complete and return enclosed registration card  
or call 802.747.1603  
or log on to [www.rrmc.org](http://www.rrmc.org)

## Venue

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CVPS/Leahy Community Health Education Center  
Rutland Regional Medical Center  
160 Allen Street, Rutland, VT 05701

*From Allen Street, turn into the Rutland Regional employee parking area. The entrance to the conference center is on the far left. Enter the building using the Staff Entrance. The conference center is the second doorway on the right. Also see map on back cover.*

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**9:30-  
10:30am**

### **Acupuncture and Its Uses Today**

CVPS/Leahy Community Health  
Education Center

Acupuncture is becoming one of the most sought after complementary health therapies in the United States. With this increase in use, it is becoming more important for Western doctors to understand the benefits and nature of this style of treatment.

#### Items to glean from this presentation:

- An overview of Chinese Medicine as a whole
- A historical perspective of acupuncture
- What acupuncture has been proven to treat
- A brief theoretical basis for how acupuncture works

*Presented by Glen Harder, LAc*

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**10:30-  
11:30am**

### **Hip Fractures 2008: An Update**

CVPS/Leahy Community Health  
Education Center

Dr. Marsh will make this seemingly mundane topic the focus of significant societal concern to all those interested in the elderly.

#### Items to glean from this presentation:

- An overview of how hip fractures affect the elderly, in so far as morbidity and mortality affect society as population ages
- An understanding of the modern methods of treatment for hip fractures, how they impact the patient and their recovery from the injury
- A chance to ask questions about osteoarthritis and its orthopaedic treatment
- An opportunity to ask questions about orthopaedic trauma and its treatment

*Presented by Eric J. Marsh, MD*

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**11:30-  
12:30pm**

### **Lunch Buffet**

CVPS/Leahy Community Health  
Education Center

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**12:30-  
1:30pm**

### **Wellness Medicine**

CVPS/Leahy Community Health  
Education Center

Dr. Tager will discuss the various aspects of wellness and how they relate to the practice of medicine in 2008.

#### Items to glean from this presentation:

- An appreciation of wellness as it relates to the general population in 2008
- An appreciation of proper nutrition, exercise and weight control in maintaining good health
- An appreciation of how wellness maintenance fits into a modern general medical practice
- An appreciation of how preventive care and diagnostic testing aids in early diagnosis and treatment of many diseases

*Presented by David Tager, MD*

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**1:30-  
2:30pm**

### **Women & Heart Disease: Unique Similarities**

CVPS/Leahy Community Health  
Education Center

Dr. Higgins will converse about heart disease in women and discuss options and outcomes.

#### Items to glean from this presentation:

- Review the prevalence of heart disease in women
- Discuss the differing presentations of coronary artery disease in women
- Review outcomes of various revascularization strategies
- Review the current Prevention Guidelines

*Presented by J. Christian Higgins, MD, FACC*



## Forum Presenters

Allan Eisemann, MD is the Medical Director of Oncology for Rutland Regional Medical Center's Community Cancer Center as well as Medical Director of the Breast Care Program.

Glen Harder, LAc has been in private practice for acupuncture and is now credentialed to provide acupuncture to cancer and other patients at Rutland Regional with a physician's orders.

Richard D. Lovett, MD is the Medical Director of Radiation Therapy at Rutland Regional Medical Center's Community Cancer Center and is the president of Rutland Regional's Medical Staff.

J. Christian Higgins, MD, FACC is in private practice at Champlain Valley Cardiovascular Associates and is the Director of Cardiovascular Services for Rutland Regional Medical Center.

Eric J. Marsh, MD is a board certified orthopaedic surgeon at Vermont Orthopaedic Clinic who specializes in hip and knee replacement and orthopaedic trauma.

David Tager, MD is an internal medicine physician specializing in gastroenterology.



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