

Tea for the Soul

Caregiver Support Group

Meets the 1st & 3rd Wednesday of each month, 2-3:30pm

Rutland Regional Medical Center
Conference Room #3 (across from the gift shop)
160 Allen Street, Rutland, VT

This group is to provide a place for caregivers of cancer patients to meet other caregivers, and break the isolation that often comes with being the primary caregiver of another person. There will be some education provided on self-care and ways to cope through difficult situations. The group will be facilitated by a trained social worker. The group is always open to newcomers, and will be ongoing and free of charge.

Refreshments will be served

For More Information, Call Pam Hooker, MSW at 802.747.1693



Rutland Regional Medical Center
Foley Cancer Center