

Asthma Education Referral Form

Purpose

- The goal of the Asthma Education Program at Rutland Regional Medical Center is to provide tools and education to help patients better manage their symptoms. This is accomplished by providing the following:
 - Evaluation and assessment of the patient
 - Classification of asthma severity
 - Portable spirometry
 - An increase in the patient's understanding of asthma by describing the three major components of asthma
 - Review of medication
 - Training in proper inhaler technique
 - Review of asthma triggers
 - Instruction and explanation for using a peak flow meter for managing asthma
 - Review of an asthma action plan
- Any patient with a new or existing diagnosis of asthma may be referred for asthma education.

Patient Name: _____ DOB: _____ Phone: _____ day/evening

I refer the above patient to the Asthma Education Program at Rutland Regional Medical Center.

Date: _____ Time: _____ Physician Signature _____

*Please fax this form to 802.747.6561 or mail to the address below.
If you have any questions, please contact Lisa Taylor, RRT/AE-C at 802.772.2633.*

