

Esophagogastroduodenoscopy (EGD) Patient Instructions

Patient Name: _____

Date of Birth: _____

Your procedure is scheduled for (day/date): _____

Time to arrive: _____

Time of procedure: _____

Location of Procedure: 3rd Floor, Endoscopy

IMPORTANT INFORMATION

TRANSPORTATION

Patients cannot drive for 24 hours after the exam. All patients must be accompanied by a responsible adult who can drive him/her home. The endoscopy may not begin until the driver is present. Patients may only ride home in a taxi or public transportation if they are accompanied by a responsible adult.

INSURANCE COVERAGE

It is your responsibility to contact your insurance company to determine any out-of-pocket expense that may apply to this procedure.

Stop your blood thinner medication on: _____

(This may include Coumadin®, Plavix, Xarelto®, and Pradaxa®.)

Per Dr. _____

If you are Diabetic:

Call the doctor who monitors your glucose levels. Your diabetic medicines may need to be adjusted due to the diet restrictions required for this procedure.

It is important that you read the following before your examination.

- You may have a “light” Non-fat containing meal (i.e. toast with clear liquids) up to 6 hours prior to the test.
- You may have sips of clear liquids until two (2) hours prior to the procedure. Clear liquids include only liquids that you are able to see through:
 - Jell-O, soda, tea, Kool-Aid, sports drinks, popsicles, black coffee, and apple juice.