



## Bronchoscopy Patient Instructions

Procedure is scheduled for (day/date): \_\_\_\_\_

Report to: 3<sup>rd</sup> Floor, Endoscopy

Time to Arrive: \_\_\_\_\_

Time of Procedure: \_\_\_\_\_

---

### Important Information

#### Transportation

Patients cannot drive for 24 hours after the exam. All patients must be accompanied by a responsible adult who can drive him/her home. The bronchoscopy may not begin until the driver is present. Patients may only ride home in a taxi or public transportation if they are accompanied by a responsible adult.

#### Insurance Coverage

It is your responsibility to contact your insurance company to determine any out-of-pocket expense that may apply to this procedure.

---

### Preparation for a Bronchoscopy Procedure

Stop your blood thinner medications on:

\_\_\_\_\_  
(This may include Coumadin<sup>®</sup>, Plavix, Xarelto<sup>®</sup>  
and Pradaxa<sup>®</sup>.)

Per Dr. \_\_\_\_\_

**IF YOU ARE DIABETIC:** Call the doctor who monitors your glucose levels. Your diabetic medicines may need to be adjusted because you will not be eating or drinking after midnight before your bronchoscopy.

**Do not eat or drink anything after midnight the night before your bronchoscopy. You should take your heart and blood pressure medications in the morning at 6am with a sip of water.**