

How to Make a Face Mask

What you will need:

- Front piece: **100% unused cotton fabric** – no metallic fabrics
- Back piece: tightly woven **unused** cotton, like a tea towel or cotton flannel
- ¼" or ⅜" flat elastic (*to make with ear loops*) OR ⅜" or ½" ribbon (*to make with ties*)

Instructions:

1. Cut cotton fabric 9"x6" and put right sides of fabric together. If using elastic, cut 2 pieces 7" long. If using ribbon, cut 4 pieces 18" long.
2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic or ribbon with the edge out into the corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of the same elastic or ribbon to the corner and sew a few stitches forward and back.
4. Now sew across the top of the mask to the next corner. Insert elastic or 3rd ribbon and sew with the edge out.
5. Sew to the next corner and sew in the other end of the same elastic or 4th ribbon.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
8. Sew around the edge of the mask twice.

Be sure any fabric design is placed horizontally when you start sewing.