WHAT IS AN INTRAVENOUS PYELOGRAM (IVP)?
This is a diagnostic x-ray examination of your urinary tract (kidneys, ureters, and bladder) that will be performed by a radiologic technologist. A technologist has been trained in the proper use of x-ray equipment. A radiologist is a medical doctor who has specialized in the use of x-rays and other imaging media for medical diagnosis and will interpret your IVP examination.

NOTE: Any woman who is pregnant, or could possibly be pregnant, should let your doctor know before proceeding with this exam.

HOW DOES ONE PREPARE FOR THIS EXAM?
To prepare for your exam, follow these instructions carefully.

You can purchase the following medicine at your local pharmacy:

- Magnesium Citrate – One (1) bottle

NOTE: If you have severe diarrhea or considerable rectal bleeding, consult your doctor before taking the laxative requested below.

On the day before your exam:
- Have a light meal for dinner/supper.
- At 6 pm, drink the Magnesium Citrate along with a large glass of water. Have no solid foods to eat from then until the completion of the IVP study.
- On the day of your exam, you may have a clear liquid breakfast. Clear liquids include any liquid you can see through (i.e., chicken broth, apple juice, cranberry juice, tea, Gatorade, etc.)
- If you suffer from kidney failure or multiple myeloma, you should have your regular liquid intake. If you are an insulin dependent diabetic, check with your doctor regarding the amount of medication you may take prior to the exam.

Diabetic Patients
You may have a light breakfast the day of the exam. If you take Glucophage, Metformin, Glucovance, Metaglip or Avandamet for your diabetes do not take it the day of your exam and 48 hours after your exam. You will receive instructions for restarting any of these diabetic medicines.

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