

## RRMC MRI Order Guidance -Patients with Claustrophobia

### Claustrophobia- Fear of confined spaces

**Mild Claustrophobia-** Patient does not feel they need anything to get through test. Awareness only that the patient does have some concern about going in for the scan.

**Medium Claustrophobia-** Patient feels they may need an oral medication to get them through their study.

Please note the following needed steps:

- Provider office needs to provide patient with prescription for medication
- Patient will need to be sure to have a driver arranged for them for after the scan.
- Patient will need to bring the medication to their appointment with them.
- Patient needs to arrive 1 hour prior to their Imaging appointment, when they check into outpatient services, they need to make the staff aware that they have brought oral med with them.

Outpatient services staff will check with MRI Modality to make sure the timing is appropriate for the patient to take the medication.

DI Nurse staff will place an IV for patient during the wait time for any patient that is scheduled for an exam with IV Contrast.

**Severe Claustrophobia** -Patient attempt made with oral medication and it was not successful and/or the Provider feels that the patient would not be able to withstand the scan without Sedation

Please note the following needed steps:

- We will need a signed order stating the patient needs IV Sedation

\*Versed is the medication utilized for these sedations and dosage ordered by Radiologist at time of MRI

- Provide a current H&P -within 30 days
- Patient needs to arrive 1 hour prior to their Imaging appointment for time with DI Nursing to prepare them and get IV access started.
- Patient will need to be sure to have a driver arranged for them for after the scan.
- DI Nurses will try to call patients the day prior to their exam when they have an active order for IV Sedation